



# LIFE BRIDGE

## Professional Counselor Referrals

<b>Aspen Christian Counseling</b> 709 3 <sup>rd</sup> Avenue Longmont, CO 80501	720-541-8806	<a href="http://www.aspenchristiancounseling.com/">http://www.aspenchristiancounseling.com/</a> Areas of focus vary
<b>Scott Best, MA, LPC, CACIII</b> 2919 W. 17 <sup>th</sup> Ave. Suite 206 Longmont, CO 80503	720-288-0990	Alcohol, Substance Abuse, Addiction, Anxiety, Depression, Panic Attacks, Phobias
<b>Calvary Church</b> 2101 Gay Street Longmont, CO 80501	970-775-0436	<a href="http://calvarylongmont.org/wp/counseling/">http://calvarylongmont.org/wp/counseling/</a> Areas of focus vary
<b>Valerie Ellis, MABC</b> 1235 Ken Pratt Blvd. Longmont, CO 80501	303-775-8521	Biblical Counseling, Spiritual Growth
<b>Kristin Ewing, MA, LPC</b> 4790 Table Mesa Drive, Ste. 108 Boulder, CO 80305	720-809-8444	Children, Teens, Adolescents
<b>Wyatt Fisher, PsyD, MA</b> 703 Walnut Street Boulder, Colorado 80302	303-647-4541	<a href="https://www.marriagecounselingboulder.com/">https://www.marriagecounselingboulder.com/</a> Marital and Premarital
<b>Michael J. Gyorffy, LCSW</b> 103 E. Simpson, St. Lafayette, CO 80026	720-634-6030	Substance Abuse, PTSD, ADHD, Anxiety, Depression, Panic
<b>Light of the Rockies</b> 5236 Strauss Cabin Rd Fort Collins, CO 80528	970-484-1735	<a href="http://www.lightoftherockies.com/">http://www.lightoftherockies.com/</a> Areas of focus vary
<b>Lumos Counseling</b> 217 4 <sup>th</sup> Street Dacono, CO 80514	720-862-6260	<a href="https://www.lumoscounseling.org/">https://www.lumoscounseling.org/</a> Adults, Teens & Children
<b>Amanda Marrero, MA, LPCC</b> 610 Terry Street Longmont, CO 80503	201-638-8849	<a href="https://amandamarrero.com/">https://amandamarrero.com/</a> Teens, Young Adults, PTSD/Trauma, Chronic Illness
<b>Bronwen Skinner, MABC</b> 1235 Ken Pratt Blvd. Longmont, CO 80501	303-807-1007	Biblical Counseling, Spiritual Growth
<b>Trey Stubbs, MA, LPCC, NCC</b> 2919 W. 17 <sup>th</sup> Avenue, #206 Longmont, CO 80503	720-340-3365	<a href="https://www.sojourncounselingco.com/">https://www.sojourncounselingco.com/</a> Young Adults, Men's Issues, Anxiety, Depression, Identity Development

*Professional counselors may also be found on Psychology Today's counselor database:*  
<https://www.psychologytoday.com/us/therapists>



## Tips for Choosing a Professional Counselor

There are a number of considerations before choosing a professional Christian counselor:

- What type of counselor do you think would be best?
- What kind of credentials does the counselor have?
- What experience does the counselor have in dealing with your specific issue?
- Does the counselor accept insurance?
- What is the payment structure? Is there a sliding scale based on ability to pay?
- Does it matter if you have a male or female counselor?

We highly recommend you set up a phone interview with the counselor before you start the counseling process and ask some of the questions listed below. You may call the counselor's office and tell them you would like to ask the counselor some questions before you set up an appointment for counseling:

- What is the counselor's general approach to counseling?
- What is the goal of their counseling approach?
- What role does Scripture play in the counseling process?
- Is biblical prayer incorporated in the counseling process?

We pray for God's guidance and direction as you seek His will in your circumstances.

### **LifeBridge Care Team**

[care@lbcc.org](mailto:care@lbcc.org)

720-864-9274

[lbcc.org/care](http://lbcc.org/care)